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## Important Information

### Wood Colours

Most items with wooden parts contained in this brochure can be polished in various wood stain colours.

### Fabrics

All upholstered items can be supplied from a vast range of contract quality fabrics or alternatively can be made using your own material (when supplied with relevant fire certificates).

### Fire Retardancy

All items within this brochure will be supplied to BS5852 Ignition Source Crib 5 as standard.

## About Elite

Elite Furniture Contracts is a family run business which has been servicing the public, private and industry sectors throughout the UK and Southern Ireland on all their contract furniture needs. Located in Glasgow, Scotland and benefiting from over 55 years and 3 generations of experience, Elite Furniture Contracts has become renowned for its quality furniture and unbeatable, knowledgeable service.

Elite supply a complete turn-key package which can include Contract Beds, Contract Furniture, Upholstery, Curtains, Blinds and Flooring.

No matter what size of project you may have from single items to complete refurbishments, Elite is here to help.

## How We Can Help You

Elite can help provide a turn key package that is specifically designed to be used in dementia care environments. Elite also has a team of experts on hand to offer advice and design ideas which will help you provide supportive, safe and comfortable environments for your residents to feel at home in.

Elite will deliver and fit (if required) your furniture into your home on the day you require.

## What Is Dementia?

The term 'dementia' describes a set of symptoms which include loss of memory, mood changes, and problems with communication and reasoning. These symptoms occur when the brain is damaged by certain diseases, including Alzheimer's disease and damage caused by a series of small strokes.

Dementia is progressive, which means the symptoms will gradually get worse. How fast dementia progresses will depend on the individual person and what type of dementia they have.

Each person is unique and will experience dementia in their own way. It is often the case that the person's family and friends are more concerned about the symptoms than the person may be themselves.

## The Need For Dementia Furnishings

The aim of any changes to the furnishings and décor of the home of a person with dementia is to help the person find their way around and maintain a familiar environment. It should also help to:

- Trigger memories
- Support independent mobility and getting in and out of chairs
- Ensure that lifting and transfers are easier and safer for family and carers



A unique range of 1950's styled care home lounge furniture designed to stimulate memory, reflection and recollection of earlier memories; with associated accessories to enhance the experience.



The Vintage collection is the result of months of researching the best design classics of the past and improving them with modern materials and construction methods. This small but comprehensive range truly recreates bygone eras and allows them to be relived today - again and again.



Eaton

Width: 64cm	Width: 109cm
Depth: 74cm	Depth: 74cm
Height: 99cm	Height: 99cm



Sofa Available

Jubilee

Width: 74cm	Width: 66cm
Depth: 74cm	Depth: 74cm
Height: 109cm	Height: 109cm



York

Width: 69cm	Width: 112cm
Depth: 80cm	Depth: 80cm
Height: 111cm	Height: 106cm



Heritage is a timeless collection that offers subtle grandeur. The beautifully figurative grain patterns of the natural American white oak solid veneers show through the lightly washed finish, updating this classic look.



Emulating sophisticated mid-century styling, Orbit is fashionable retro styled range that features an eclectic blend of shapes and forms. Crafted from a combination of oak veneers and sculpted solid oaks legs, the Orbit range is characterised by its striking beauty. Attention to detail such as Blum self closing drawers, feature handles and engineered mitre joints all contribute to the range.



Sofa Available

Winchester

Width: 69cm    Seat Height: 47cm  
 Depth: 89cm    Seat Depth: 48cm  
 Height: 99cm    Seat Width: 53cm



Stanford

Width: 70cm    Width: 66cm  
 Depth: 76cm    Depth: 74cm  
 Height: 117cm    Height: 107cm



Sofa Available

Blenheim

Width: 70cm    Seat Height: 48cm  
 Depth: 79cm  
 Height: 104cm

## Divan Beds

Elite have been manufacturing Divan Sets on site since 1954. Each bed is handcrafted to suit your preferences.

More information on our beds can be found in our Bed and Headboard brochure, should you require a copy please call us on 0141 429 1124.



The Neptune bed comes in a ticking that is coated with a breathable, soft to touch filament polyester material that still remains completely water-resistant and fire retardant. The mattress does not come quilted or tufted but with a smooth top to stop any liquid from seeping in through the top of the mattress.

All our bases can also be upholstered fabric and colour of your choice.

## Headboards

To go with your Divan Bed, Elite also offer a huge range of upholstered bespoke headboards.

Headboards are key additions to any bedroom and are both functional and stylish, matching in with your decor which will help you to create an individual look in your bedroom.





Profile Beds

Bradshaw Low Profile Bed



**FEATURES:** Electrically operated profiling bed for Community and Nursing Home use • Combines quick and easy assembly, even within limited spaces • Enables user to set a very low mattress platform of 20cm • Electrically operated variable height of 19cm to 58cm for ease of access and to assist the work of the carer, reducing patient lifting and handling • Infinitely variable tilt and reverse tilt positioning (Trendelenburg) • Four brake castors for ease of manoeuvrability and added safety • Attractive domestic appearance with high quality covered wooden head and foot ends and full length integral wooden side rails • Lockable handset controls all electrically operated functions • Premium wooden detailing on mattress platform side tubes • The bed breaks down into four sections; when not in use, it can be disassembled and stored on transport stands enabling safe and compact storage • 3 year warranty (1st year parts & labour, 2nd and 3rd year parts only) • Maximum user weight of up to 180kg (28st)

Bradshaw Bed

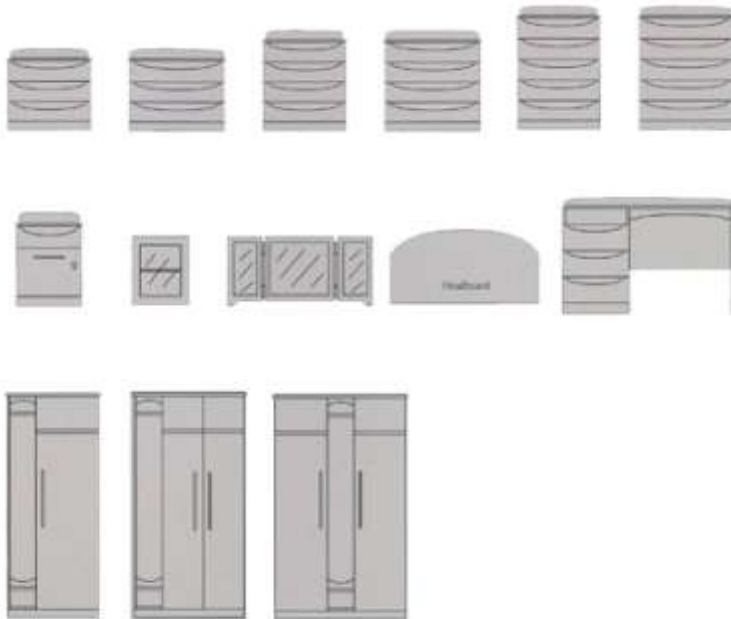


**FEATURES:** Electrically operated profiling bed for Community and Nursing Home use • Variable height for ease of patient access and to ease the work of the carer by reducing patient lifting and handling • Infinitely variable tilt and reverse tilt positioning (Trendelenburg) • Quick and easy assembly, even within limited spaces • Adjustable self locking side rails providing additional safety which can be released at both head and foot ends • Lockable handset • Attractive domestic appearance with high quality covered wooden head and foot ends and full length integral wooden side rails • The bed breaks down into four sections and, when not in use, it can be disassembled and stored on transport stands enabling safe and compact storage • 3 year warranty (1st year parts & labour, 2nd and 3rd year parts only) • Maximum user weight of up to 180kg (28st)



Specifically designed to support and meet the needs of people living with dementia. This range has been developed to try to help you to promote a safe and comfortable surrounding for your residents to feel at home in.

- Round corners on all units
- Scoop detail on drawers
- Open viewing section to hang one days clothes in wardrobes
- Metal drawer boxes with metal runners and solid drawer bases
- 170 degree metal hinges on wardrobes
- All low level units fitted with an upstanding rail at rear
- Headboards have smooth rounded corners and edges

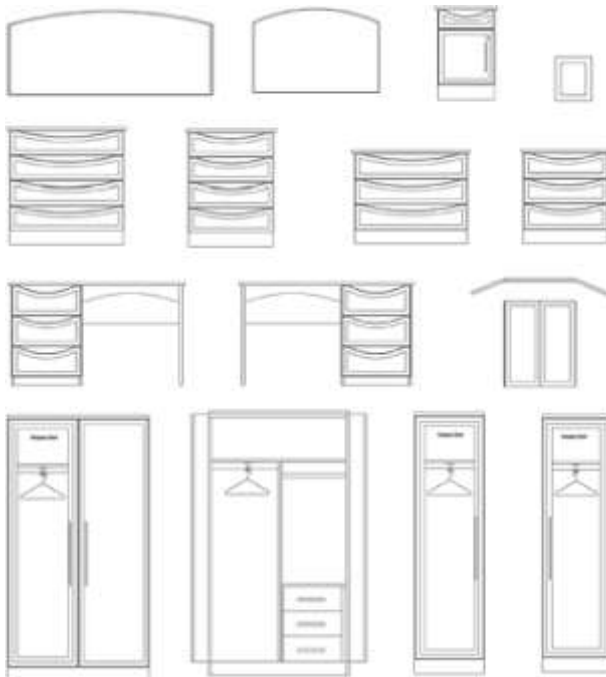


Available in Oak, French Walnut, Beech and Maple



An innovative range of care home bedroom furniture with a practical design to support residents with dementia.

- 18mm MFC (melamine) carcass
- 18mm vinyl wrapped fascias
- 18mm vinyl wrapped top
- Solid back to all units
- Vinyl wrapped drawers with bevelled edge detail
- Perspex vision panel to wardrobes
- Split directional hanging rails to double wardrobe
- Four sided wooden drawer box with metal runners
- 170 degree. 3 point adjustable metal hinges
- Rounded corners to all low level units
- Extended tops to all units to keep flush with walls



Available in Birch, Black Walnut, Light Oak, Maple, Milano Cherry, Stilo Walnut



The refreshingly different Cheshire range is a culmination of great design, technical excellence and quality production which incorporates a number of unique features designed to make life a little easier.

- 25mm bowed vinyl wrap tops
- 18mm MFC carcass and drawer boxes
- 18mm MFC backs on all units
- Skirting cut-outs on all units and inset backs
- 18mm MFC drawer bases with metal runners
- 18mm MDF vinyl wrap drawer and door fronts
- 170 degree hinges on wardrobes and bedside cabinets
- Rounded softened corners and edges
- Perspex Panels
- Open Viewing Sections



Available in Walnut, Pippy Oak, Beech and Cherry

## Furniture

Some people with dementia use furniture for support as they walk to prevent falls. It may be necessary to remove swinging chairs, chairs on wheels and rocking chairs, as well as obstacles like coffee tables and foot stools, from walking paths.

It will probably be necessary to have or acquire a sturdy comfortable arm chair that is easy to get in and out of. There are number of considerations when choosing a chair:

- The chair should be stable.
- If it has wheels they must be able to lock.
- If it has controls for reclining, they may need to be located at the back, out of reach.
- Ideally, arm rests should be strong, extend further out than the seat and be smooth with no sharp edges.
- The chair should be higher than usual.
- It may be necessary to have incontinence proof (easy wash, with water proof backing) fabric or a waterproof pad on the seat.
- Ideally, the upholstery should be in a contrasting colour to the floor and walls to make it easier to see.
- Recliner chairs that tilt back can be comforting and safe for people who have a tendency to fall forwards out of a regular flat seat. Chairs that have an automatic lift facility to help people get up, can be frightening for some people with dementia.

People with dementia often have difficulty judging the distance from furniture and bench tops and so suffer lots of bumps and bruises. Remove furniture with sharp edges or find some way of padding or covering the edges by sanding or attaching sponge rubber or corner buffers. If necessary, remove precious and breakable ornaments.

## Cupboards and Drawers

If the person with dementia constantly rummages in drawers and cupboards and relocates items, it may be necessary to lock some cupboards to prevent access to breakable or dangerous items, or prevent tampering with important papers. Wherever possible, choose discreet locks. On the other hand, provide ready access to other cupboards, boxes and containers with safe items and interesting collections of things which trigger memories for the person or provide activity, textures and colours for stimulation.

Many people with dementia lose access to their possessions because they can no longer remember how to use cupboards. Some of the things that are stored in desks and cupboards could be put out occasionally to see if the person has any interest in looking and sorting through them.

## Curtains

- Curtains should be plain or muted in design and pastel in colour to contrast with the walls.
- Good practice: Close curtains at night to reduce reflective glare as this can be disturbing for the person as this may have the effect of a mirror.
- Blackout curtain linings should be used in bedrooms.
- Pelmet and drapes should be avoided as this takes a lot of light out of a room.

## Walls

- Avoid bold patterns and high contrasting borders, stripes or wallpaper with real life objects, as this can be confusing.
- Muted or plain walls should be used.
- Skirting boards and doorframes should be in a contrasting colour.
- Eggshell or Silk finish paint is recommended as it reduces glare. (May need repainting more frequently as not as durable).
- Pictures should ideally be personalised and recognisable to the person.
- Avoid wallpaper that can be picked at.

## Floor covering

- Avoid floor coverings with bold patterns or flecks as people with dementia often mistake this for dirt and will pick at the carpet.
- If an alternative to carpet is used flooring should be non-slip, plain and matt finish.
- All flooring should be in a contrasting colour to walls and skirting boards.
- Carpet strips should not be used as people with dementia often see this as a step.
- Dark rugs should not be used as people with dementia often see this a hole in the floor.

## Bedding

- Bedding should be plain or muted in design and pastel in colour to contrast with the carpet.
- Good practice: Use different colour sheets to help the person get in and out of bed more independently

## Lighting

- For general lighting use ceiling mounted pendant lights. For single bedrooms use two, for double bedrooms use four.
- For reading in bed, use supplementary angle poise or directional light fittings.
- At dressing tables provide additional wall mounted light, a free standing up lighter or table lamp.
- Two-way switches located at the door and beside the bed should control principal lights.
- Provide facilities for dimming.
- Provide facilities for a night light
- Light sensors are available to detect movement.
- Floor lamps and table lights should be used to provide extra lighting in lounge areas.

## Bedroom Door

Bedroom doors should be recognisable for the person with dementia; this can include any form of personalised features that the person can recognise e.g.:

- Pictures,
- Colours,
- Photos

## Commodes

- Commodes should have contrasting toilet seat to the commode (primary colour should be used e.g. red or blue).

## Armchairs

- There should be a variety of armchairs in the lounge to accommodate personal comfort.
- Armchairs should be in a contrasting colour to the floor.

## Tables

Round tables can give greater flexibility in terms of numbers that can be accommodated in different size groups and should prevent injuries as there are less sharp edges than rectangular tables .

## Chairs

Chairs should not have any sharp angle corners and be easy to move. Designs should be available that are easy to slide over carpet to help residents pull their chair up to the table. Chairs need to have arms to assist people getting to their feet.

## Décor

Remove sharp objects if they are likely to cause harm. This might include tools for an open fire, letter openers, scissors or bottle openers. Remove any pictures, mobiles or glass hangings if they are disturbing. Sometimes patterns on wallpaper, curtains and upholstery can be disturbing for people with dementia because they are mistaken for objects or insects.

Try hanging a print with a soothing scene from nature. Some people enjoy wall hangings with different textures to touch.

Retain or display photos, ornaments and other memorabilia that trigger memories. Photos could be labelled with names and relationships. Try showing old photos of the person's childhood.

Photos of the person at recent events and with friends and relatives could be used to reinforce their sense of identity and recent memory. Try to find out the way the person's house was decorated when they were younger. Some of those styles or items from the past may provide some comfort now.

The person's own paintings, craft, or needlework could be framed or displayed to support the person's sense of self esteem and to provide positive conversation topics for visitors.

When redecorating, it is important to retain the familiar, change as little as possible but reduce confusing clutter and enhance memories and comfort.

There are different approaches to the use and recognition of colour for people with dementia:

- Pastel colours are seen as grey and strong bright primary colours are recommended
- Bright colours are distracting and uncomfortable and soft or moderate tones are suggested

Whatever colours are used, they can also be used to camouflage exits or rooms which are not safe for the person, by painting doors the same colour as the walls. Painting doors in a colour which contrasts with the walls can make the door stand out and help people find the door. Flat paint should be used to avoid reflected glare.

Some people decorate the front door if they are living in a block of flats where all the doors look the same. Similarly a sign or picture of a toilet on the toilet door can help.

## Colour

Colour choice for decorating dedicated dementia areas, colours to be favoured or avoided and the impact of murals are frequently discussed in terms of dementia. In particular, people seek guidelines and ask if there is any research to which they can refer?

The following facts and tips are of great value, no matter whether you are a professional or a family carer. There are as many beliefs and philosophies about colour choice in dementia as there are experts. It all comes down to the philosophy and beliefs that you and your organisation are happy with.

Here are some helpful principles to keep in mind:

Research is beginning to show that not only is colour contrast important for people with dementia but so is the tonality of colours (lightness and darkness of a colour). Tonal contrast between colours plays an important role. Tonal contrasts are strongly affected by the quality of the light. For example: Is it bright or cloudy daylight? Is it fluorescent or incandescent electric light?

How colour is perceived under one type of lighting may be very different from the way it is perceived under a different type of light bulb.

Remember, light is essential to perception – without light, we cannot see anything. In general, the best light is daylight; therefore light bulbs that give light that closely resembles daylight are highly recommended. Ask your electrician for advice on this issue.

Did you know that, in general, older people require three times the amount of light to see as well as younger people and are more sensitive to glare?

Use colour and tonal contrasts to emphasise important features, such as to contrast between walls and floor coverings and at the edge of stairs or level changes, so they are easy to distinguish and therefore help minimise falls. Note that a contrasting edge on floor coverings around walls is to be avoided as it can be interpreted as a step or hole. Contrasts can also be used to focus on important doors, such as the person's own door or toilet doors. Likewise, blending doors in with the wall colour will make them 'disappear' and it is more likely that the person will miss them.

Use contrasts in your signage and incorporate these golden rules:

- Black writing on white background.
- Use a font with serifs (such as Times New Roman).
- Use upper and lower case, bold and a minimum size of 60pt.
- People with dementia tend to look down rather than up, so ensure signage is placed in their line of sight – this could be just above door handle height.

Here are some thoughts on the emotional value of colours in dementia design.

Recognise that you cater for both men and women and although you may favour the prettier colours with floral designs for bedrooms, it may not feel right for men. Rather than using pink and blues in the bedrooms, shades of green can be a great substitute. Green is considered the most restful of colours and is said to reduce activity in the central nervous system and help people feel calm. It is a cool colour and makes a room appear larger.

In contrast, red is physiologically stimulating. It increases brain wave activity and can also increase the apparent temperature of a room. Shades of red can be useful in areas of high levels of activity.

We challenge the myth that says we should not use red in dementia care. Whilst a few people may not like red, this has nothing to do with dementia in general. If you've had an instance when a person reacted negatively to the colour red, it was a uniquely individual reaction for that person. Reflect upon your experience; isn't it true that there are far more people with dementia who love the colour red than do not? As with everything in dementia, avoid generalisations and remain focussed on the individual.

Using yellow in the bathroom and rose coloured mirrors enables everyone to look their best. This can help a person start the day feeling good. Yellow is known to help people suffering from skin problems and mental lethargy.

The knowledgeable use of colour is undoubtedly helpful in creating the most supportive environment for independence and social and emotional wellbeing. However, no matter how sophisticated the colour scheme, it cannot make up for the human element in dementia. The power of looking into a loving face, of being respected unconditionally, of being included, and being an active participant in life can never be replaced by colour.



## Soft Furnishings



Elite can manufacture and install an unbeatable range of curtains, pelmets, tie back, voiles, blinds, quilted bedcovers and soft furnishings for your care home.

As well as removing the worry by offering a free no obligation measuring and quotation service, and you will see that we provide excellent value for money.

With a wide range of *waterproof* cotton, linen, silk, velvet, striped, checked, plain, tartan and patterned designs available, which can be manufactured with a range of different linings including interlined, thermal and blackout.

Working to the very highest professional standards, using only the best quality fabrics and materials Elite guarantee a fantastic service from initial enquiry through to fitting and beyond!



Manufacturers and suppliers of Roller Blinds, Vertical Blinds, Perfect Fit Blinds, Timber Craft Blinds, Venetian Blinds, Roman Blinds, Curtains and Accessories

All our soft furnishings comply to BS5750.

## Flooring

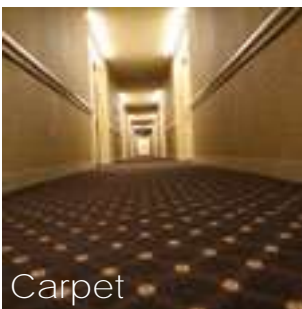
Elite provide a comprehensive range of flooring installation services to commercial and industrial businesses throughout Scotland.

Getting the flooring correct can make a huge difference to any commercial property creating impressive looks for visiting clients, company branding in the colouring and even enhanced health and safety.

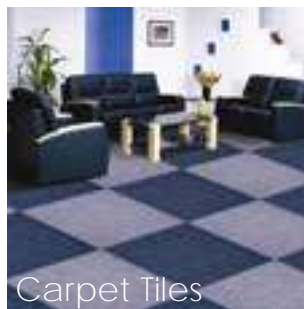
Most importantly, we can help you choose a flooring type that perfectly fits your property, tough enough to keep looking good for years.

Elite has a highly skilled team of fitters with many years experience in laying all kinds of floors to high quality and safety standards with the minimal amount of disruption to your business.

Our diverse range of contract flooring product installations includes;



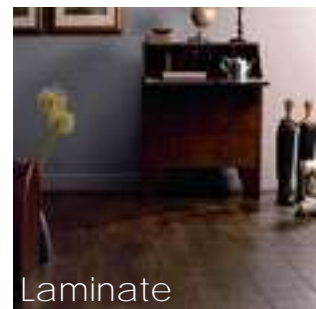
Carpet



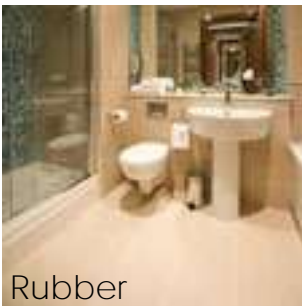
Carpet Tiles



Vinyl & Linoleum



Laminate



Rubber



Anti Slip



Barrier Matting



Rugs

Sundries



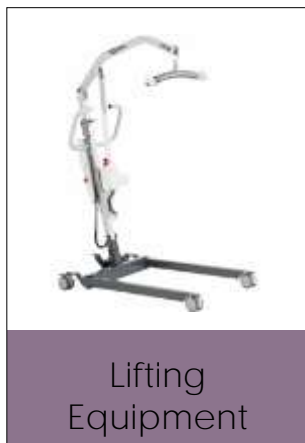
Towels



Drug Cabinets



Commodes



Lifting Equipment



Chair and Stand on Scales



Shower Curtains



Bath Mats



Overbed Tables



Drug Trolleys



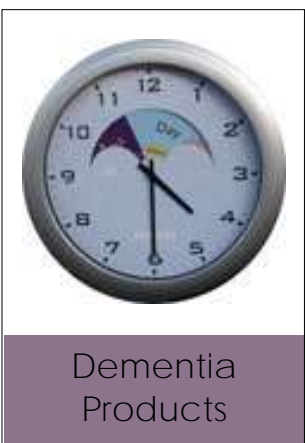
Cleaning Equipment



Laundry Systems



Sensor Pads



Dementia Products



Safes



Lights

To help you complete your turn key package Elite can also supply all of the following sundry items

## Contract Showroom

Why not have a closer look at our extensive contract furnishing showroom. We're sure you'll be impressed. Located in the Southside of Glasgow at 135 Moffat Street, G5 0NG and by appointment only our contract showroom provides you with inspiration to help you create the perfect look for your Special Care or Nursing Home.



Our showroom is a friendly and informal place where you can see a wide range of furniture from standard to special care requirements.

While visiting you will also be able to have a look around our manufacturing facility which is also located within the building and see for yourself how our products are created.

Our showroom provides great meeting facilities, so feel free to invite your colleagues along too so that you can design ideas during your visit. Please call us on 0141 429 1124 for further information.



# elite

Contract Furniture



135 Moffat Street  
Glasgow  
G5 0NG

Tel: 0141 429 1124  
[info@simplyelite.co.uk](mailto:info@simplyelite.co.uk)  
[www.simplyelite.co.uk](http://www.simplyelite.co.uk)